



MID-LIFE CREATES  
CHANGES FOR  
EVERYBODY, WHY NOT  
MAKE THEM  
WONDERFUL!

**IS YOUR QUALITY OF LIFE WHAT YOU WANT IT TO BE?**

DOLLAR DRUG IS PLEASED TO ANNOUNCE...

# HORMONES & MID-LIFE

AN INFORMATIVE TALK FOR MEN AND WOMEN

**Have you lost your spark? Are you often fatigued and unmotivated? Lost your sense of intimacy in your relationship?**

Join nurse practitioner, Jane Kennedy CFNP, for an evening of evidence based information to restore vibrancy and health at mid-life and in the years beyond. Learn what Integrative medicine can offer to individuals wanting to preserve good health and prevent disease. Bio-identical Hormone Therapy will be included. Jane will answer your questions while sharing with wit and wisdom her extensive clinical and academic experience. Get informed and get back your zest, even at mid-life:

**Date: Wednesday – January 27, 2021**  
**Cost: FREE**  
**Time: 7:00-8:30pm**  
**Place: ONLINE via ZOOM – Register online at:**  
**[www.hormonebalancecal.com](http://www.hormonebalancecal.com)**

Sign up at <https://www.hormonebalancecal.com>

**Guys...**

**Low libido?  
Sluggish brain?  
Loss of muscle mass?**

**Ladies...**

**Are you Irritable?  
Moody?  
Have brain fog?  
Depressed?  
Gaining weight?  
Often fatigued?  
Experience hot flashes?  
Do you experience a lack  
of energy and  
motivation?  
Loss of interest?**

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**Jane Kennedy, CFNP**  
**707-536-9722**  
**[www.janekennedynp.com](http://www.janekennedynp.com)**